

# Grateful Grins

Preschoolers will make a snack to remind kids of the one person who remembered to thank Jesus!

## Snack Supplies

Each participant will need:

- ½ English muffin
- about 2 tablespoons squirt-on cheese
- 2 carrot slices
- 1 raisin
- 1 red bell pepper slice
- 1 paper plate

Each Snack Service Crew member will need:

- 1 plastic spoon

## Making the Snacks

Welcome the preschoolers and say: **Today we're learning about Jesus healing 10 men. At first all 10 of them were sad because they were sick.** Hold up a pre-made "Grateful Grin" snack with a red pepper frown. **Then Jesus healed them, and they were happy.** Turn the pepper slice around so it looks like a smile. **Only one remembered to thank Jesus! Jesus gives us the power to be thankful.** **"Aha!"** Today we're going to make "Grateful Grins" to remind us of the Bible story! "Grateful" is another word for "thankful." We'll make the snacks with frowns, and when all the Power Lab kids come to Test Tube Treats, they can turn their snack frowns to smiles to show that the men in the Bible story were happy and thankful! Encourage the preschoolers to make one "Grateful Grin" snack for each Power Lab participant. Preschoolers will complete these steps:

1. Use the back of a plastic spoon to spread cheese on English muffins.
2. Place 2 carrot slices as eyes on each snack.
3. Place 1 raisin as a nose on each snack.
4. Stick a red pepper slice as a frown on each snack.



## Preparation

Before preschoolers arrive to make the snacks, toast the English muffins, and squirt about 2 tablespoons of cheese onto each muffin half. Slice carrots to use as eyes and red peppers to use as "grins." Set out the ingredients. Make a sample "Grateful Grin" snack.



Have children clean their hands thoroughly both before and after making snacks.

## During Snack Time

When elementary-age Lab Crews arrive to eat, hold up a sample snack and explain how it teaches the Bible Point. Then say: **When you get your snacks and before you eat them, tell your Lab Crew, "Jesus gives me the power to be thankful," then turn your snack frown into a smile!**

