

**Day
4**

Growing Friends



Supplies:

Each child will need:

- clear 9-ounce cup
- potting soil (about 1 cup)
- grass seeds (about ¼ teaspoon)
- scissors
- rubber band
- sheet of plastic wrap

You'll also need:

- construction paper, variety of colors
- Glue Dots
- spray bottles filled with water
- permanent markers
- plastic spoons



Preparation

About a week before Power Lab, make a sample Growing Friend for yourself. This will give the seeds time to sprout.

When kids arrive, say: **Today we're learning that Jesus gives us the power to live forever.** "Aha!" I like the idea of living forever!

Ask:

- **How can you tell that something is living?**

Say: **I brought a fun friend with me.** Show kids your Growing Friend—you may even introduce him with a funny name like Sprout or Green Gene. **This guy's hair is alive! A few days after I planted the seeds in the dirt, they formed grass that rose up out of the dirt.**

Ask:

- **How does that remind you of Jesus?**

Say: **You'll each make a Growing Friend to remind you of the way Jesus died and then rose again and made a way for us to have new life.**

Craft Creation

1. Use a permanent marker to write names on the bottoms of the cups.
2. Cut out simple eyes, nose, and mouth shapes from construction paper or craft foam. (If you're short on time, you may want to have some simple shapes pre-cut.)
3. Use Glue Dots to attach the shapes to make a face on the side of the cup.
4. Spoon potting soil into the cup.
5. Sprinkle grass seeds on the potting soil, and then press them lightly into the soil.
6. Use a spray bottle to spray the seeds with water.
7. Set a sheet of plastic wrap over the cup, and secure it in place with a rubber band.

Say: **Keep your Growing Friends in a sunny place, and spray the seeds with water every few days. Pretty soon you'll have a happy way to remember the new life we can have because of Jesus' love.**